

Annual Updated Form due by: \_\_\_\_\_



## MEDICAL FORM

*Please Print*

*(Family –please fill out information only to the bolded line)*

### **Patient (Participant) Information**

***Patient's (Participant's) Name:*** \_\_\_\_\_

***Address:*** \_\_\_\_\_

***Phone Number:*** \_\_\_\_\_ ***DOB:*** \_\_\_\_\_

Patient's (Participant's) POA/Responsible Party: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

*I hereby authorize the release of any medical information by the physician to DayBreak at Garden Spot Village. I am also aware the medical evaluation needs to be completed by the physician **within 90 days of enrollment and annually thereafter.***

Patient or POA's Signature: \_\_\_\_\_ Date \_\_\_\_\_

*Please Print*

(Form may be completed by a licensed physician, CRNP or licensed physician's assistant)

**Medical & Cognitive Information**

**Diagnoses:**

Primary: \_\_\_\_\_

Secondary: \_\_\_\_\_

Tertiary: \_\_\_\_\_

Physical Disabilities/Limitations: \_\_\_\_\_

Cognitive Status: \_\_\_\_\_

Medical History (Recent hospitalizations, surgeries, etc.) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

TPR: \_\_\_\_\_

BP: \_\_\_\_\_

*Check with an X if abnormal:*

Eyes     Ears     Nose     Throat     Mouth     Breasts     Lungs     Heart

Heart     Arteries     Abdomen     Hernia     Skin     Neck     Veins     Anorectal

Gynecological     Lymph System     Nervous system     Extremities     Musculoskeletal

Describe any abnormalities: \_\_\_\_\_

\_\_\_\_\_

**Sensory Impairments and Aids**

Vision: \_\_\_\_\_

Hearing: \_\_\_\_\_

Walker:

Cane:

Wheelchair:

Other \_\_\_\_\_

**Other Medical / Misc. Information**

Ability to participate in senior exercise program: \_\_\_\_\_

Ability to participate in a supervised senior swimming/water exercise program:  Yes  No

Allergies: \_\_\_\_\_

Diet: \_\_\_\_\_

Restrictions: \_\_\_\_\_

\_\_\_\_\_

Other orders or instructions, including medical emergency instructions: \_\_\_\_\_

\_\_\_\_\_

**Mental Functioning:**

Mental capacity/ orientation: \_\_\_\_\_

\_\_\_\_\_

Ability to follow instructions: \_\_\_\_\_

Capable of understanding client rights/plan of care?  Yes  No

Capable of self-administration of medications\*?  Yes  No

\* Per PA Code Title 6: Aging Chapter 11. Older Adult Daily Living Centers: §11.147 Self-Administration of Medications: (1) identify the medication (2) acknowledge the amount of, and schedule for, medication (3) remember to take the medication on schedule with infrequent reminders from staff persons and (4) obtain medication from its container without assistance or with minimal assistance.

**Behaviors**

Current Mental Health Treatment: \_\_\_\_\_

Current Emotional Challenges: \_\_\_\_\_

History of Mood/Behavior Challenges: \_\_\_\_\_

Verbal/Physical aggression: \_\_\_\_\_

Wandering/Roaming: \_\_\_\_\_

Sexual Behaviors: \_\_\_\_\_

Repetitive Behaviors (physical or verbal): \_\_\_\_\_

Other Behaviors: \_\_\_\_\_

**Tuberculin Skin Test (within 2 years)**

(Acceptable tuberculin skin tests: one step Mantoux (TST), two step Mantoux (TST), Quantiferon Gold and T-Spot blood test)

Date Given: \_\_\_\_\_

Date Read: \_\_\_\_\_

PPD Test Results: \_\_\_\_\_

Signature & Title of Person Reading test results: \_\_\_\_\_

If TB skin test is positive, a chest X-ray is required. Please provide *date* and *result* of chest X-Ray:

Date: \_\_\_\_\_ Result \_\_\_\_\_

**Free of Communicable Disease Statement**

***“To the extent that confidentiality laws permit, please indicate that this patient (participant) is free of communicable disease or is able to be in the center if specific precautions are taken which will prevent the spread of the disease to other individuals” (Per PA Code Title 6. Aging Chapter 11. Older Adult Daily Living Centers: §11.133 Communicable Disease).***

***Is Patient/Participant Free of Communicable Disease?    Yes \_\_\_\_\_    No\* \_\_\_\_\_***

\*If checked no, please outline the specific instructions and precautions to be followed to ensure protection of other persons at the center (as per state regulations cited above):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Medications**

Drug                      Dosage                      Frequency/Route                      Indication for Use

\_\_\_\_\_  
\_\_\_\_\_

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**I authorize the administration of the following OTC medications according to the manufacturer's directions or the physician's instructions listed below. Check those that apply with an X.**

- TYLENOL 325 mg. 2 tablets q 4-6 hour for pain or fever
- TYLENOL 500 mg. 2 caplets q 4-6 hours for pain or fever
- TUMS 2-4 tabs PRN
- Normal Saline Cleanse and Triple Antibiotic Ointment for first aid measures – daily/PRN

**Medication Instructions:** \_\_\_\_\_

*I have thoroughly examined \_\_\_\_\_ on \_\_\_\_\_ and find that:*

- *he/she is **not** in need of hospital care*
- *does **not** require bed rest during the day*
- *is **not** addicted to drugs and/or alcohol*
- *is **not** appropriate for skilled nursing services*

*He/she is able to participate in the programming at DayBreak at Garden Spot Village.*

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician's License Number: \_\_\_\_\_

Physician's Name (print): \_\_\_\_\_

Physician's Address: \_\_\_\_\_

Physician's Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

*Please make sure form is filled out in its entirety*

***Return completed Medical Form to:***

DayBreak at Garden Spot Village  
433 S. Kinzer Avenue, New Holland, PA 17557  
Office: (717) 355-6226  
Fax: (717) 355-6222